

# THE ALL-NEW 8 STEPS FOR ToeOFF® Customization

## “Get The Alignment Right”

### 1 Product Selection. Decide stability based on patient needs



### 5 Frontal Plane Alignment

- With the patient standing safely in parallel bars, check their alignment with either a plumb line or square.
- Make accommodation on plantar surface of the product using crepe or cork.

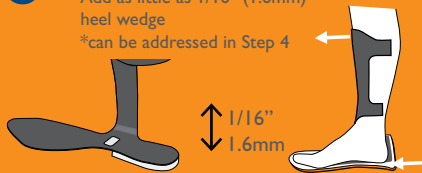


### 2 Size Selection Correct Application, based on the following:

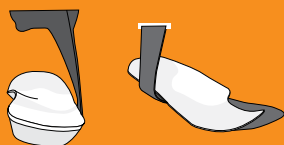
- Foot length
- Activity level
- Body type
- Spasticity
- Deficit type

### 6 Proximal Control

- Add as little as 1/16" (1.6mm) heel wedge
- \*can be addressed in Step 4



### 3 Foot Orthotic (custom or prefab), UCBL, or SMO

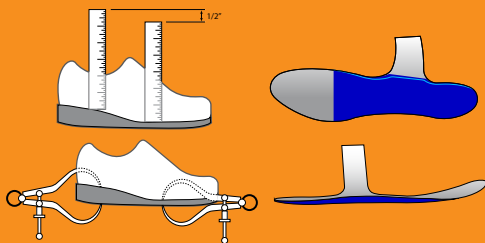


### 7 Patient Comfort

- Slide foot plate forward or back in the shoe to distribute the pressure evenly across the tibia.
- Add SoftKIT or ComfortKIT.



### 4 Shoe Selection & Heel Height



- Accommodate heel height difference!

### 8 Patient Education.

- |   |   |
|---|---|
| <p><b>DO's</b></p> <ul style="list-style-type: none"> <li>• Use hand support ON Sit-to-Stand</li> <li>• Wear SOCKS</li> <li>• Use SoftKIT, ComfortKIT or Custom Interface for tibia as provided with your brace.</li> <li>• Use interface on footplate</li> <li>• Inspect brace on a daily basis</li> <li>• Check SKIN on a daily basis</li> <li>• Wear recommended footwear</li> </ul> | <p><b>DONT's</b></p> <ul style="list-style-type: none"> <li>• Stairs - Ball of Foot</li> <li>• SQUATS - not at all</li> </ul> |
|---|---|

## HEEL HEIGHTS

#### KiddieGAIT

- Baby Large= 5/16"(8mm)
- Baby Medium= 1/4"(7mm)
- Baby Small= 1/4"(7mm)

#### KiddieGAIT/KiddieROCKER

- XLarge=3/8" (9mm)
- Large= 3/8"(9mm)
- Medium= 3/8"(9mm)
- Small= 5/16"(8mm)

#### ToeOFF/BlueROCKER

- Large/XLarge=5/8"(16mm)
- Medium=9/16"(15mm)
- XSmall/Small=7/16" (12mm)

# Step by Step Guide for CUSTOM ToeOFF/BlueROCKER

## Fitting & Product Selection

### 1 Evaluate Patient with standard ToeOFF/BlueROCKER.

Establishes a baseline for altering the dynamic properties of a standard product.

Choose ToeOFF or BlueROCKER based on Patient's height, weight, shoe size and proximal deficits.

Choose proper shoe. Measure Heel Height of Shoe. Accommodate ToeOFF/BlueROCKER with heel/toe lift if necessary to match heel rise of ToeOFF/BlueROCKER.



### Shoe Selection

- Shank & counter
- Toe-to-heel
- Rocker sole
- Facilitate 3<sup>rd</sup> rocker



### 2 Capture the Patient model with Cast, Scan or Measurement

#### Cast:

1. Posterior/Medial Opening
2. Anterior & Lateral Plumb lines.

#### Scan:

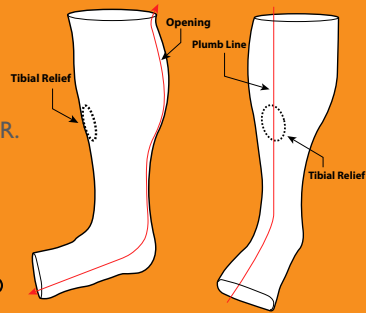
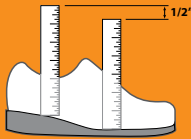
File extension type: (\*.cpxp or \*.stl.)

#### Measurements:

1. Fill out pages 3, 4 & 5 Completely
2. Picture required.

### 3 Fill out Custom Forms Completely

Measure Heel Height of Shoe: Critical to get proper alignment of ToeOFF or BlueROCKER. Either measure with a ruler or with calipers.



**On order form** - Address "Change M-L Stiffness", "Change A-P Stiffness", "Relief of Tibial Crest" and "Relief of OTHER Bony Prominences"

Easy as  
1,2,3

Make sure custom forms  
are filled out properly!

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